

**NAME** Aysha Concepción-Lizardi  
**ADDRESS** P.O. Box 9021115, San Juan, PR 00902-1115  
**TELEPHONE** (787) 708 9093  
**EMAIL:** [doctora.aysha@gmail.com](mailto:doctora.aysha@gmail.com)  
[familiascapaces@gmail.com](mailto:familiascapaces@gmail.com)

## EDUCATION

1995 PhD Clinical Psychology  
Psychology Graduate Program  
University of Puerto Rico, Río Piedras Campus  
  
Thesis: Plus s/he: Gender enunciations produced by the  
filmic narrative on behalf of the transvestite act

1990-1991 Psychology internship (2,000 hours)  
Community Mental Health Center  
San Juan Municipality

1986 BA Bachelor in Arts, Psychology Minor  
University of Puerto Rico, Río Piedras Campus  
**Magna Cum Laude**

## SUPPLEMENTARY EDUCATION

2002 DDIT Post-Graduate Certificate, Developmental Disabilities  
and Early Intervention. Graduate School of Public  
Health, University of Puerto Rico, Medical Science  
Campus  
**Academic Excellence**

## LICENSURE AND CERTIFICATION

1996 → Puerto Rico Board of Psychology (# 1543)

## **AWARDS**

2013 Sor Isolina Ferré Award for Excellence in Community Service  
(Award given by the Puerto Rico House of Representatives and Sor Isolina Ferré Centers).

## **ACADEMIC APPOINTMENTS**

2012→ Associate Professor  
Carlos Albizu University, San Juan

- Comparative theories of personality and psychotherapy (doctoral)
- Behavior therapy (doctoral)
- Behavior therapy laboratory (doctoral)
- The teaching of psychotherapy: strategies and techniques in clinical supervision and consultation (doctoral)

1987-1990 Teacher Assistant  
University of Puerto Rico, Río Piedras Campus.

## **EMPLOYMENT**

(OTHER THAN ACADEMIC APPOINTMENTS)

2001→ Executive Director  
Familias CAPACES, Inc., (Familias Criando con Amor, Paciencia, Control, Estímulo y Sabiduría) non-profit organization founded in 2001

- Design and planning of violence prevention programs with state and federal funding, directed towards the implementation of evidence based practices (qualitative and quantitative) at underserved communities presenting high incidence of child abuse and violence. Program monitoring and proposal writing.
- Recruitment, training and clinical supervision of clinical psychology and counseling graduate students (University of Puerto Rico, Carlos Albizu University and University of Phoenix (2005 to present).
- Recruitment, training and clinical supervision of clinical professionals (psychologists, counselors, and social workers).
- Identification of funding opportunities.
- Implementation of workshops offered to parents, child care personnel, and teachers.

- FY 2007-2013 **SAFE Program (Support services for youth and families at risk).** Program sponsored by the Administration for Families and Children (ADFAN) of the Department of the Family of the Government of Puerto Rico, through the Social Security Law approved by the US Federal Government to offer evidence based programs directed to the prevention of child abuse. The services were offered to high risk families from underserved communities at the Municipality of Bayamón, in their natural environments.
- FY 2012-2013 **Program for the promotion of healthy consumer habits.** Project funded by the Unit of Monopolistic Affairs on behalf of the Department of Justice, Government of Puerto Rico. The goal of the project is to educate consumers about responsible consuming habits, including responsible purchase and use of general products and internet, as well as the responsible intake of nutritional products. The educational activities were held at schools, elderly projects, youth clubs, underserved communities, abused women shelters, and others.
- FY 2012-2013 **Cine Contacto: Social Film Fest.** Project implemented by Familias CAPACES Inc. with state funds from the Special Joint Commission of Legislative Donations. The goal of the project was to educate male adolescents at Hogares Crea Rehabilitation Center, youngsters at Public Housing Projects and youngsters at the Asociación Pro Bienestar de la Familia Comerieña, school for dropouts.
- FY 2010-2012 **A+Parenting Project.** Project Funded by Community Foundation of Puerto Rico to strengthen family ties and violence prevention, directed to

mothers and their children living in underserved communities José C. Barbosa, Sierra Linda and Jardines de Caparra public housing projects.

- FY 2006-2009 ***PRISA Program (Crisis intervention services in public housing projects seized by the Puerto Rico Police Department and the FBI).*** Program aimed to offer crisis intervention services to families from underserved communities living in communities with high violence incidence (psychological services, psycho-educational workshops, mentoring, recreational activities to strengthen family and community, family tours and camp). Funded by HUD and administered by Administration of Public Housing.
- FY 2001-2007 ***DENIAFAR Program (Kids and families developing resiliency)*** Program sponsored by the Administration for Families and Children (ADFAN) of the Department of the Family of the Government of Puerto Rico, through the Social Security Law approved by the US Federal Government to offer evidence based programs directed to the prevention of child abuse. The services were offered to high risk youth and their families from underserved communities at the Municipality of Cataño, in their natural environments.
- FY 2005-2006 ***Mentoring Program.*** Program funded by the Puerto Rico Administration of Mental Health and Anti Addiction Services (ASSMCA) to offer mentoring services to children and youth served by the comprehensive mental health services from ASSMCA presenting severe emotional disturbance diagnosis, living at Luis Llorens Torres Public Housing Project.

- FY 2004-2005 **Workshops at the inlands.** Funded by the Department of Justice. Aimed towards youth and families living in the inland public housing projects. The workshops were held on emotional intelligence and domestic violence.
- FY 2003-2005 **A/part but equals.** Project implemented by Familias CAPACES Inc. with state funds from the Special Joint Commission of Legislative Donations. The goal of the project was to offer workshops and community activities to promote gender equality in relationships living in Juana Matos Public Housing Project at Cataño.

1996→	Clinical Psychologist Private practice
1999-2002	Clinical Psychologist Puerto Rico Administration of Mental Health and Anti Addiction Services (ASSMCA), Violence Prevention Project at Playita and Shanghai underserved neighborhoods. <ul style="list-style-type: none"><li>➤ Psychological therapy -individual, family, couples, parents and teachers workshops, community activities coordination.</li></ul>
1996-2000	Clinical Psychologist Institute for Individual Group and Organizational Development Inc. <ul style="list-style-type: none"><li>➤ Psychological therapy -individual, family, couples-</li></ul>
1999-2000	Clinical Psychologist/Consultant <i>Puerto Rico Administration of Mental Health and Anti Addiction Services (ASSMCA).</i> <ul style="list-style-type: none"><li>➤ Psychological therapy offered to confined youngster ladies. Counseling about their conduct and anger management to care personnel.</li></ul>
1996-1999	Clinical Psychologist <i>Puerto Rico Administration of Mental Health and Anti Addiction Services (ASSMCA). PREVIO Project (Violence prevention).</i>

- Crisis intervention and support services to children, youth and adults living in public housing projects seized by the Puerto Rico Police Department and the FBI.

- 1998                      Evaluator  
                                 Institute for Individual Group and Organizational Development Inc., AFANA Homebuilders Program.
- Psychological evaluation of abused children served by the Department of the Family, who participated in a home visiting program in underserved communities.
- 1997                      Clinical Psychologist/Consultant  
                                 Institute for Individual Group and Organizational Development Inc., AFANA Homebuilders Program.
- Clinical personnel training on intervention strategies with children and youth victims of child abuse served by the Department of the Family.
- 1995-1996              Therapist  
                                 Family Institute Celia and Harris Bunker, non-profit organization.
- Psychological therapy to children, youth and adults.
- 1993-1995              Therapist  
                                 Rape Victims Support Center, Department of Health, Government of Puerto Rico
- Individual psychological therapy and crisis intervention aimed to children and adults victims of sexual aggression.
- 1993                      Trainer  
                                 Panametrika, Inc.
- Training aimed to Department of Education teachers about the implantation of academic progress standardized tests.
- 1992                      Coordinator  
                                 Mental Health Community Center, San Juan Municipality.
- Coordination of the training program aimed to the clinical and administrative staff.

## **PROFESSIONAL ORGANIZATIONS**

- 1997→ Puerto Rico Psychological Association, Professional Member
- 2010→ Puerto Rico Psychological Association, Ad-hoc Committee of Family and Couples Therapy, Member
- 2010→ Alliance for the Prevention of Child Abuse, Member

## **PRESENTATIONS AND OTHER PROFESSIONAL EXPERIENCES**

### *Lectures and presentations*

**Concepción-Lizardi, A., Sánchez-Peraza, L.R. & Catalá-López, I.** (2013, July 17). Clinical based community service delivery within families from underserved communities in Puerto Rico. Oral presentation XXXIV Inter-American Congress of Psychology, Brasilia, Brazil.

**Concepción-Lizardi, A., Sánchez-Peraza, L.R. & Catalá-López, I.** (2013, November 17). Clinical psychologists in marginalized neighborhoods: Social action and challenges for training. Approved presentation by the scientific committee of the Puerto Rico Association of Psychologists, Ponce, Puerto Rico.

**Concepción-Lizardi, A. & Arroyo, Y.** (2013, February 21). Clinical services held in communities. Oral presentation held at the 2nd Scientific Fair, Carlos Albizu University, San Juan, Puerto Rico

**Concepción-Lizardi, A.** (2008, April). Implementation of protective factors model with families in community based clinical practice. Violence prevention: ethics, innovation and participation of clinical psychologists in communities. Puerto Rico Psychological Association 59<sup>th</sup> Annual Convention

**Concepción-Lizardi, A.** (2004, April). Preventive discipline: a non pathological approach to the violence cycle. Presentation for the Prevention of Child Abuse Committee of the University of Puerto Rico and the university undergraduate students. Universidad de Puerto Rico, Ponce.

### *Media Interviews*

**Concepción-Lizardi, A.** (2013, July 19) Lo que pasó pasó. Don't let childhood traumatic experiences avoid happiness

**Concepción-Lizardi, A.** (2013, June 19) María: a case of transvestism. Interview for *Entre Nosotras*, Channel 4

**Concepción-Lizardi, A.** (2013, June 16) Fathers that make their children aware of them. Interview for *El Nuevo Día*, 4 Retrieved from <http://www.pressdisplay.com/pressdisplay/es/viewer.aspx>

**Concepción-Lizardi, A.** (2013, June 16) Activities to involve father and son. Interview for *El Nuevo Día*, 22 Retrieved from <http://www.pressdisplay.com/pressdisplay/es/viewer.aspx>

**Concepción-Lizardi, A.** (2011, August 18). Drug use signs: what parents should know. Interview for Noticentro 4 al Amanecer, *Channel 4*

**Concepción-Lizardi, A.** (2008, July 14). How to deal with your child's fears. Interview for *El Vocero*, Escenario, p. 38.

**Concepción-Lizardi, A.** (2007, July 19). Teach your children how to solve conflicts. Interview for *El Vocero*, Suplemento, p. 10.

**Concepción-Lizardi, A.** (2004, August 8). Negotiation to reinforce rules at home. Interview for *El Nuevo Día*, p. 6.

**Concepción-Lizardi, A.** (2003, November 8). Youngsters in love. Interview for *El Nuevo Día*, Estilos de Vida, p. 10.

#### Newspaper articles

**Concepción-Lizardi, A.** (2013, May 17). Agression within the touch of a button. *El Nuevo Día*. Retrieved from <http://www.elnuevodia.com/agresividadaltoquedeunboton-1511749.html>

**Concepción-Lizardi, A.** (2013, April 25). 7 errors committed by parents during children's rearing. *El Nuevo Día*, Por Dentro. Retrieved from <http://qa.elnuevodia.com/XStatic/endi/template/content.aspx?id=1497397&te=nota>

**Concepción-Lizardi, A.** (2013, April 8). What is it that no one understands me? *El Nuevo Día*, Por Dentro. Retrieved from <http://www.elnuevodia.com/quepasaquenomeentienden-1484813.html>

**Concepción-Lizardi, A.** (2012, July 20). Errors and horrors while taking care of our elderly. *El Nuevo Día*, Suplemento Vida: Sabiduría, Alegría, Energía, p. 20.

**Concepción-Lizardi, A.** (2012). Is daddy living at home? *El Nuevo Día*, Salud al Día. Retrieved from <http://www.elnuevodia.com/papiviveencasa-1293599.html>

**Concepción-Lizardi, A.** (2012). Stress in times of anger. *El Nuevo Día*, Salud al Día. Retrieved from <http://www.elnuevodia.com/elestresentemposdecolera-1287632.html>



**Concepción-Lizardi, A.** (2011, December 24) When our kids ask for Santa Claus... *El Nuevo Día*, Por Dentro. Retrieved from <http://www.elnuevodia.com/Xstatic/endi/template/imprimir.aspx?id=1149511&t=3>

**Concepción-Lizardi, A.** (2011, May 2). Forgiveness within the family. *El Nuevo Día*, Por Dentro. Retrieved from <http://www.elnuevodia.com/Xstatic/endi/template/imprimir.aspx?id=953759&t=3>

**Concepción-Lizardi, A.** (2011, March). Understanding our elderly. *Vida en la Tercera Edad*. Edition 14, (4) Retrieved from [media.wix.com/.../e43d85\\_58fc02a298814cb3d330004e8a3ceef5.pdf](http://media.wix.com/.../e43d85_58fc02a298814cb3d330004e8a3ceef5.pdf)

**Concepción-Lizardi, A.** (2009, November 19). Teach your children to sleep alone. *El Nuevo Día*, Suplemento Cuidado Prenatal y Pediátrico II, p. 5.

**Concepción-Lizardi, A.** (2008, July 14). Fears...teach your children how to master them. *El Vocero*, Escenario, p. 38.

**Concepción-Lizardi, A.** (2007, July 19). Conflict resolution in the family. *El Vocero*, Suplemento, p. 10.

**Concepción-Lizardi, A.** (2007, May 9). Preventive discipline during child rearing. *El Vocero*, Suplemento, p. 23.

**Concepción- Lizardi, A.** (2006) 10 don't's for parents of hiperactive children. *En Conexión*, 1(1), 6.

**Concepción-Lizardi, A.** (2006) Dangerous autonomy: my kid took away its seat belt. *Manual para Seguridad y Protección*, Comisión Olimpiadas de Oficiales de la Ley.

**Concepción-Lizardi, A.** (2004, August 8). Negotiation to reinforce rules at home. *El Nuevo Día*, p. 6

**Concepción-Lizardi, A.** (2004, June 18). 10 key recommendations for the modern dad. *Primera Hora*.

**Concepción-Lizardi, A.** (2004, June 17). Father's touch. *Primera Hora*, Suplemento, p. 16.

**Concepción-Lizardi, A.** (2004, June 17). The importance of the presence of the father in their children's life. *Todo Bayamón*, p. 25.

**Concepción-Lizardi, A.** (2003, November 8). Youngsters in love. *El Nuevo Día*, Estilos de Vida, p. 10.