

## CURRICULUM VITAE

# Shannon Worton, Psy.D.

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### EDUCATION

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**Doctor of Psychology, Clinical Psychology (Psy.D.),** August 2013

Nova Southeastern University, Fort Lauderdale, FL

APA accredited program

**Masters of Science, Clinical Psychology,** August 2010 (en route)

Nova Southeastern University, Fort Lauderdale, FL

**Bachelor of Science, Psychology (Cum Laude),** May 2008

Stetson University, Deland, FL

### TEACHING EXPERIENCE

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**Assistant Professor,** January 2015 - present

Carlos Albizu University - Miami Campus, Doctoral Program (Psy.D.)

- Courses taught:
  - *Child Psychology*
  - *Child Psychotherapy*

**Adjunct Faculty,** October 2013 - present

Nova Southeastern University, Center for Psychological Studies, Fort Lauderdale, FL

- Doctor of Psychology Program (Psy.D.)
  - *Assessment of Child and Adolescent Intelligence Testing Lab*
  - *Child and Adolescent Development*
  - *Child and Adolescent Psychopathology*
  - *Pre-Practicum*
- M.S. in Mental Health Counseling
  - *Community Mental Health*
  - *Diagnosis and Treatment of Child and Adolescent Psychopathology*
  - *Group Theory and Practice*
  - *Human Growth & Development*
- M.S. in School Counseling
  - *Contemporary Clinical Interventions*
- Specialist/Doctoral Program in School Psychology (Psy.S./Psy.D.)
  - *Counseling Theories & Techniques*
  - *Child and Adolescent Psychopathology*

**Adjunct Faculty**, January 2011 - present  
Broward College, Fort Lauderdale, FL

- Courses taught:
  - *Child Psychology*
  - *General Psychology*
  - *Human Growth and Development*

## **PUBLICATIONS**

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Cash, R.E., **Worton, S.**, & Valley-Gray, S. (2014). Persistent Depressive Disorder. In L. Theodore (Ed.), *The handbook of applied interventions for children and adolescents*. Chapter in preparation.

## **CLINICAL EXPERIENCE**

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**Nova Southeastern University, The Institute for the Study of Human Services, Health and Justice**, Fort Lauderdale, FL, September 2013 – August 2015

*Psychology Post Doctoral Resident*

- Post Doctoral Resident in the School-related Psychological Assessments and Clinical Interventions (SPACI) Clinic & Suicide and Violence Prevention Office
- Conducted psychoeducational evaluations for children, adolescents, and young adults; prepared psychoeducational reports
- Coordinated weekly didactic series for SPACI practicum students
- Supervised psychology interns and practicum students
- Conducted workshops and presentations on suicide and violence prevention
- Wrote grant proposals to fund research efforts focused on enhancing psychology graduate students competence in conducting suicide assessments
- Co-created quarterly newsletter focused on the dissemination of information related to suicide and violence prevention
- Engaged in research project focused on the use of simulated patients among psychology graduate training

**Florida International University, Counseling and Psychological Services (APA-Accredited Internship Program)**, Miami, FL, August 2012 – August 2013

*Doctoral Intern*

- Conducted walk-in/triage and biopsychosocial evaluations; prepared biopsychosocial reports
- Provided individual and couples counseling within a brief therapy model
- Co-facilitated process oriented therapy group
- Responsible for weekly on-call services
- Provided crisis intervention
- Conducted psychoeducational assessments and ADHD screenings; prepared psychoeducational reports

- Engaged in outreach, including developing and presenting individual outreach presentations, as well as coordinating large scale, campus-wide mental health awareness events (e.g., Drug and Alcohol Awareness Week, Depression Screening Week, and Mental Health Awareness Week)
- Created a specialty project focused on the LGBTQ community; developed outreach events during Pride Week
- Coordinated the Peer Educators Program, a program that trains students interested in psychology to present workshops to the Florida International University community
- Served as a liaison between the Residence Halls and Counseling and Psychological Services
- Provided supervision to psychology graduate student
- Participated in the Health and Wellness committee
- Engaged in psychiatric consultation
- Maintained all appropriate clinical documentation using Titanium system

## GRANT WRITING EXPERIENCE

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- Flemons, D., Poland, S., & **Worton, S.** (2014). *Advances in Patient Safety Through Simulation Research*. Proposal under review.
- Cohen, G. E., Lutchman, S., Ramcharan, R., Simmons, A. E., **Worton, S.**, Ray, S. L., & Marker, C. D. (2009-2010). *Mediating and Moderating Factors of Obsessive-Compulsive Disorder*. President's Faculty Research and Development Grant - \$10,000, Nova Southeastern University. Funded.

## PAPER PRESENTATIONS

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Newman, A., **Worton, S.**, Valley-Gray, S., & Cash, G. (2014, November). *Applying Interpersonal Psychotherapy for Adolescents to Persistent Depressive Disorder*. Paper presented at the Florida Association of School Psychologists' 2014 Annual Conference, Sarasota, FL.

**Worton, S.**, Newman, A., Valley-Gray, S., & Cash, G. (2014, November). *Applying Cognitive Behavior Therapy to Persistent Depressive Disorder*. Paper presented at the Florida Association of School Psychologists' 2014 Annual Conference, Sarasota, FL.

Williams, T.S., **Worton, S.**, Camejo, S., & Valley-Gray, S. (2011, March). *Preparing children for school-based mental health services*. Paper presented at the National Association of School Psychologists' 2011 Annual Conference, San Francisco, CA.

Williams, T.S., **Worton, S.**, Camejo, S., & Valley-Gray, S. (2010, November). *Working with Caribbean immigrants to increase mental health service utilization*. Paper presented at Florida Association of School Psychologists' Annual Conference, Miami, FL.

Williams, T.S., Camejo, S., **Worton, S.**, & Valley-Gray, S. (2010, June). “*Mad? My child eh mad!*” *Confronting stigma, misconceptions about therapy, and caregivers’ self-blame*. Paper presented at Department of Psychiatry, University of the West Indies, Trinidad and Tobago.

Williams, T. S., Camejo, S., & **Worton, S.** (2010, April). *Preparing children and their caregivers for therapy*. Paper presented at Linking Forces XVI, Miami, FL.

**Worton, S.**, & Medlin, R. (2010, February). *Effects of mood induction and emotional intelligence on problem-solving*. Paper presented at National Association of School Psychologists’ 2010 Annual Conference, Chicago, IL.

**Worton, S.**, Brockman, A., Camejo, S., Mackelprang, J., Williams, T., & Valley-Gray, S. (2009, October). *Stimulating interest in school psychology: a handbook for undergraduate students*. Paper presented at Florida Association of School Psychologists’ 36<sup>th</sup> Annual Conference, St. Petersburg, FL.

## **POSTER PRESENTATIONS**

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**Worton, S.**, Tilluckdharry, N.L.K., Ketterer, J., Valley-Gray, S., Palomares, R.S., Cash, R.E. (2014, February). *Skills in Psychological Interviewing: Clinical Evaluation Scales (SPICES)*. Poster presented at the 2014 Annual Meeting of the Trainers of School Psychologists, Washington, D.C.

Camejo, S.T., Williams, T.S., **Worton, S.**, & Valley-Gray, S. (2011, February). *Empirically supported teaching practices for graduate educators*. Poster presented at the National Association of School Psychologists’ 2011 Annual Conference, San Francisco, CA.

**Worton, S.**, Camejo, S., Cantrell, C., Cannon, M., Mackelprang, J., Hamstra, J., & Valley-Gray, S. (2011, February). *Learning styles of graduate students in psychology*. Poster presented at the National Association of School Psychologists’ 2011 Annual Conference, San Francisco, CA.

Cagel, H., Camejo, S.T., Cannon, M., **Worton, S.**, Cantrell, C., Cash, G., & Valley-Gray, S. (2010, November). *Assessing therapeutic skills in graduate programs*. Poster presented at the Florida Association of School Psychologists’ 2010 Annual Conference, Miami, FL.

Cantrell, C., **Worton, S.**, Camejo, S., Cannon, M., Mackelprang, J., Hamstra, J., & Valley-Gray, S. (2010, November). *Utilizing the VARK (Visual, Aural, Read/Write, Kinesthetic) Questionnaire to address the learning styles of graduate psychology students*. Poster presented at the Florida Association of School Psychologists’ 2010 Annual Conference, Miami, FL.

- Cohen, G. E., **Worton, S. F.**, Lutchman, S., Ramcharan, R., Simmons, A. E., Ray, S. L., Marker, C. D. (2010, June). *Family dynamics, imagination and Obsessive-Compulsive Disorder: a correlational examination of the effects of parenting on the development of Obsessive-Compulsive Disorder*. Poster presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies: Translating Science into Practice, Boston, MA.
- Lutchman, S., **Worton, S. F.**, Ramcharan, R., Cohen, G. E., Simmons, A. E., Ray, S. L., Marker, C. D. (2010, June). *An investigation of the characteristics that influence the development and maintenance of Obsessive-Compulsive Disorder*. Poster presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies: Translating Science into Practice, Boston, MA.
- Ramcharan, R., Simmons, A. E., Lutchman, S., **Worton, S. F.**, Cohen, G. E., Ray, S. L., Marker, C. D. (2010, June). *Investigation of the role of imagination and locus of control in the generation of noxious scenarios and disgust sensitivity in individuals with Obsessive-Compulsive Disorder*. Poster presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies: Translating Science into Practice, Boston, MA.
- Worton, S. F.**, Lutchman, S., Simmons, A. E., Ramcharan, R., Cohen, G. E., Ray, S. L., Marker, C. D. (2010, June). *Impact of the interaction between locus of control, locus of responsibility, and desire for control on obsessive-compulsive symptoms*. Poster presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies: Translating Science into Practice, Boston, MA.
- Cohen, G. E., Lutchman, S., **Worton, S. F.**, Ramcharan, R., Simmons, A. E., Ray, S. L., Marker, C. D. (2010, May). *Obsessive-Compulsive Disorder: too much imagination?* Poster presented at the 22<sup>nd</sup> Association for Psychological Science Annual Convention, Boston, MA.
- Camejo, S., Cannon, M., **Worton, S.**, Mackelprang, J. L., Cagle, H., Marocco, L. K., Brockman, A., Basile, B., Valley-Gray, S., & Cash, R. E. (2010, March). *Utilizing standardized patients to assess competency in school psychology specialist students*. Poster presented at the National Conference on Contemporary Issues in School Psychology Education & Training, Chicago, IL.
- Mackelprang, J. L., Brockman, A. M., Cantrell, C., **Worton, S.**, Camejo, S. T., Marocco, L. K., Cannon, M., Valley-Gray, S., & Cash, R. E. (2010, March). *Utilizing the VARK (Visual, Aural, Read/Write, Kinesthetic) Questionnaire to assess learning preferences among psychology trainees*. Poster presented at the National Conference on Contemporary Issues in School Psychology Education & Training, Chicago, IL.
- Worton, S.**, Brockman, A., Camejo, S., Driest, J., Valley-Gray, S., & Cash, R. E. (2010, March). *Best practices in training graduate educators*. Poster presented at the National Association of School Psychologists' Annual Convention, Chicago, IL.

- Cohen, G., Lutchman, S., Ramcharan, R., Simmons, A., **Worton, S.**, & Marker, C. (2009, May). *Investigation of the role parental variables and imagination play in the development and maintenance of Obsessive-Compulsive Disorder*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.
- Lutchman, S., Cohen, G., Ramcharan, R., Simmons, A., **Worton, S.**, & Marker, C. (2009, May). *An investigation into the characteristics in the development and maintenance of Obsessive-Compulsive Disorder*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.
- Ramcharan, R., Cohen, G., Lutchman, S., Simmons, A., **Worton, S.**, & Marker, C. (2009, May). *Investigation of the role of imagination in the generation of noxious scenarios and disgust sensitivity in individuals with Obsessive-Compulsive Disorder*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.
- Simmons, A., Cohen, G., Lutchman, S., Ramcharan, R., **Worton, S.**, & Marker, C. (2009, May). *An investigation of the interaction between imagination, external locus of control, and disgust sensitivity in individuals with Obsessive-Compulsive Disorder*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.
- Worton, S.** (2009, May). *Effects of mood induction on problem-solving for individuals with different levels of emotional intelligence*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.
- Worton, S.**, Cohen, G., Lutchman, S., Ramcharan, R., Simmons, A., & Marker, C. (2009, May). *Investigation of the interaction between locus of control, locus of responsibility, and desire for control in the development and maintenance of Obsessive-Compulsive Disorder*. Poster presented at the 3<sup>rd</sup> Annual Center for Psychological Studies Research Conference, Fort Lauderdale, FL.

## **RESEARCH EXPERIENCE**

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**Co-Investigator**, November 2009 - August 2014

*Standardized Patients Assessment, Research and Collaboration (SPARC)*

Center for Psychological Studies, Nova Southeastern University

- Collaboratively designed research study aimed at investigating the use of standardized patients in graduate training in clinical psychology
- Collaboratively designed objective measure (Skills in Psychological Interviewing: Clinical Evaluation Scales [SPICES]) used to assess students' competency with regard to counseling skills (particularly during their interactions with standardized patients)
- Assisted with rating students' interactions with standardized patients using the designed measure, with the goal of assessing the reliability and validity of the measure
- Presented research at state and national conferences

**Co-Investigator, October 2008 - June 2011***Capstone Research Project*

Center for Psychological Studies, Nova Southeastern University

Title: *Impact of Locus of Control and Locus of Responsibility on Obsessive-Compulsive Symptoms*

- Designed research study aimed at investigating the mediating and moderating variables in Obsessive-Compulsive Disorder
- Worked collaboratively with the University of Miami
- Prepared materials for IRB submission
- Co-wrote grant proposal and was awarded \$10,000 President's Grant through Nova Southeastern University to fund research
- Performed literature searches and prepared reviews
- Implemented research design and engaged in data analysis using SPSS
- Presented research at national and international conferences

**Primary Investigator, August 2009 - February 2011***Investigating Learning Styles Among Graduate Students in Psychology*

Center for Psychological Studies, Nova Southeastern University

- Co-designed study investigating the learning styles of first year graduate students in psychology and the implications their learning style has on their training experience
- Worked collaboratively with the College of Osteopathic Medicine, Nova Southeastern University
- Assisted with conducting literature review
- Initiated IRB approval
- Performed data analysis
- Presented research at state and national conferences

**Graduate Research Assistant, May 2009 – August 2009***Emergent Literacy Research Group*

Center for Psychological Studies, Nova Southeastern University

- Assisted with data review and coding

**Primary Investigator, January 2007 – May 2008***Capstone Research Project*

Stetson University

Title: *Effects of Mood Induction on Problem-Solving for Individuals with Different Levels of Emotional Intelligence*

- Designed study investigating the effect of mood on problem-solving skills for individuals with high and low levels of emotional intelligence
- Conducted literature review
- Implemented research design
- Collected and coded data
- Conducted statistical analyses using SPSS
- Presented research at national conference

## **WORK RELATED EXPERIENCE**

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### **Co-Coordinator of Continuing Education and Special Projects, January 2009 - May 2012**

*Center for Psychological Studies, Nova Southeastern University, Fort Lauderdale, FL*

- Assisted with program development at the Center for Psychological Studies (CPS) and broader Nova Southeastern University Community
- Worked collaboratively to coordinate continuing education (CE) workshops and other presentations sponsored by CPS
  - Obtained and organized workshop information from presenters, organized logistics of CE events, designed and distributed informational materials for the events, researched topics within various domains of psychology to identify CE topics
- Conducted research and created documents to assist in the development and enhancement of the various degree programs at CPS
- Participated in the research and development of the program proposal documents for the proposed (and now active) Psy.D. in School Psychology degree
- Assisted supervisor with duties associated with national and state association leadership positions (e.g., state credentialing, licensure, program evaluation)
- Contributed to planning of the Children's Services Fund, Inc. silent auction at the Florida Association of School Psychologists' annual conference
- Coordinated annual nominations for NSU's Student Life Achievement Awards
- Coordinated center-wide activities surrounding university events (e.g., NSU's Student Life Achievement awards, Black History Month)